



European  
Commission

# Safe Hearts Plan



PREVENTION



EARLY DETECTION  
AND SCREENING



TREATMENT AND  
CARE



## Pillar 1: Prevention

**Flagship 1:** A lifelong, personalised and digitally enable approach to prevention – 'EU cares for your heart' programme

**Flagship 2:** Empowering consumers through information on food processing in the EU

**Flagship 3:** Modernising tobacco legislation

**Flagship 4:** Supporting healthier food environments through primary prevention tools

**Flagship 5:** Proposal for a Council recommendation on vaccination against respiratory infections as a preventive measure for cardiovascular diseases



## Pillar 2: Early Detection and Screening



### Flagship 6: EU Protocol on Health Checks for Cardiovascular Diseases

- EU Council Recommendation on cardiovascular health checks
- 'Know Your Numbers' awareness campaign

## Call for Evidence – Health checks

Call for evidence on health checks for cardiovascular diseases is open for feedback

**Feedback period:** 21 April 2026 - 19 May 2026  
(midnight Brussels time)

Scan and contribute





## Pillar 3: Treatment and Care

**Flagship 7:** proposal for a Council Recommendation on personalised treatment and monitoring of cardiovascular diseases



## Cross-cutting themes

**Flagship 8:** Incubator for innovation and integration of AI and digital technologies in cardiovascular healthcare

**Flagship 9:** Addressing inequalities

**Flagship 10:** Closing the cardiovascular research and innovation gap

