



Invitation: EUREGHA High Level Conference, 11 December 2015 “Linking Chronic Diseases and Frailty”

EUREGHA (European Regional and Local Health Authorities) would like to invite you to the conference **“Linking Chronic Diseases and Frailty; Creating Synergies and Collaboration between Efficient Policies for Disease Prevention and Management at European and Subnational Level”**.

With chronic diseases being the main cause of death in Europe, affecting more than 80% of people aged over 65, and frailty being intimately linked to the ageing population and chronic diseases, **the conference aims to discuss the links between frailty and chronic diseases**. The conference will also highlight **tools and strategies available to promote the prevention and management of chronic diseases and/or frailty at European, regional and local level**.

During the conference, regional and local good practices on prevention and management of chronic diseases and/or frailty will be presented and discussed. Representatives from the European Institutions will further participate in an interactive panel discussion on how health systems can strengthen health promotion and prevention to tackle chronic diseases and frailty.

Key questions to be answered during the conference

- What are the medical links between frailty and chronic diseases and how can these be translated into effective policy?
- How can European health systems be encouraged to “invest in health” to tackle the challenges of chronic diseases and frailty?
- What “tools” are available at EU level to promote the prevention and management of chronic diseases and/or frailty? How can we create synergies between these tools to maximise their outcomes?
- Which good examples of innovative programmes and strategies on prevention and management of chronic diseases and/or frailty are available at the regional and local level? What are the lessons learnt from these good examples?

Practical Information

Date: 11 December 2015

Time: 09h00 – 13h00 (Registration from 08h30)

Venue: Office of Region Emilia Romagna to the European Union, Rue du Montoyer 21, 1000 Brussels, Belgium

Registration: Please register [here](#) by 4 December.

Draft Programme	
08h30 – 09h00	Registration
09h00 – 09h05	Opening and Welcome Toni Dedeu, Chair of EUREGHA and Director of Knowledge Exchange and Research, Digital Health Institute, Scotland
09h05 – 09h20	Introductory Remarks: The European Commission's Priorities in the Field of Chronic Diseases and Frailty Xavier Prats Monné, Director-General, European Commission's Directorate General for Health and Food Safety (DG SANTE)
09h20 – 09h35	Investing in Health to Tackle Chronic Diseases and Frailty Prof Jan de Maeseneer, Chair of the European Commission's Expert Panel on Effective Ways of Investing in Health
09h35 – 09h50	The Links Between Frailty and Chronic Diseases Prof Josep Redón, Scientific Director of INCLIVA Health Research Institute, Valencia
09h50 – 11h00	Regional and Local Good Practices on Tackling Chronic Diseases and/or Frailty <i>Good Practices TBC</i>
11h00 – 11h15	Coffee Break
11h15 – 12h30	Panel Discussion: European Tools on Chronic Diseases and Frailty <ul style="list-style-type: none">- Teresa Chavarría, Coordinator, Joint Action on Addressing Chronic Diseases and Healthy Ageing Across the Life Cycle (CHRODIS)- Inés García-Sánchez, DG SANTE, Joint Action on Prevention of Frailty- Maddalena Illario, Promoter Action Group A3: Prevention of Functional Decline and Frailty, European Innovation Partnership on Active and Healthy Ageing- Stella Tsartsara, Promoter Action Group B3: Replicating and Tutoring Integrated Care for Chronic Diseases, European Innovation Partnership on Active and Healthy Ageing
12h30 – 12h50	Q&A with Speakers and Audience
12h50 – 13h00	Conclusions Toni Dedeu, Chair of EUREGHA and Director of Knowledge Exchange and Research, Digital Health Institute, Scotland